



## REGISTER

With your activation code QCG123  
(approx 2 minutes)



## SCHEDULE

Your first appointment  
(approx 2 minutes)



## COMPLETE

Your intake  
(approx 8 minutes)

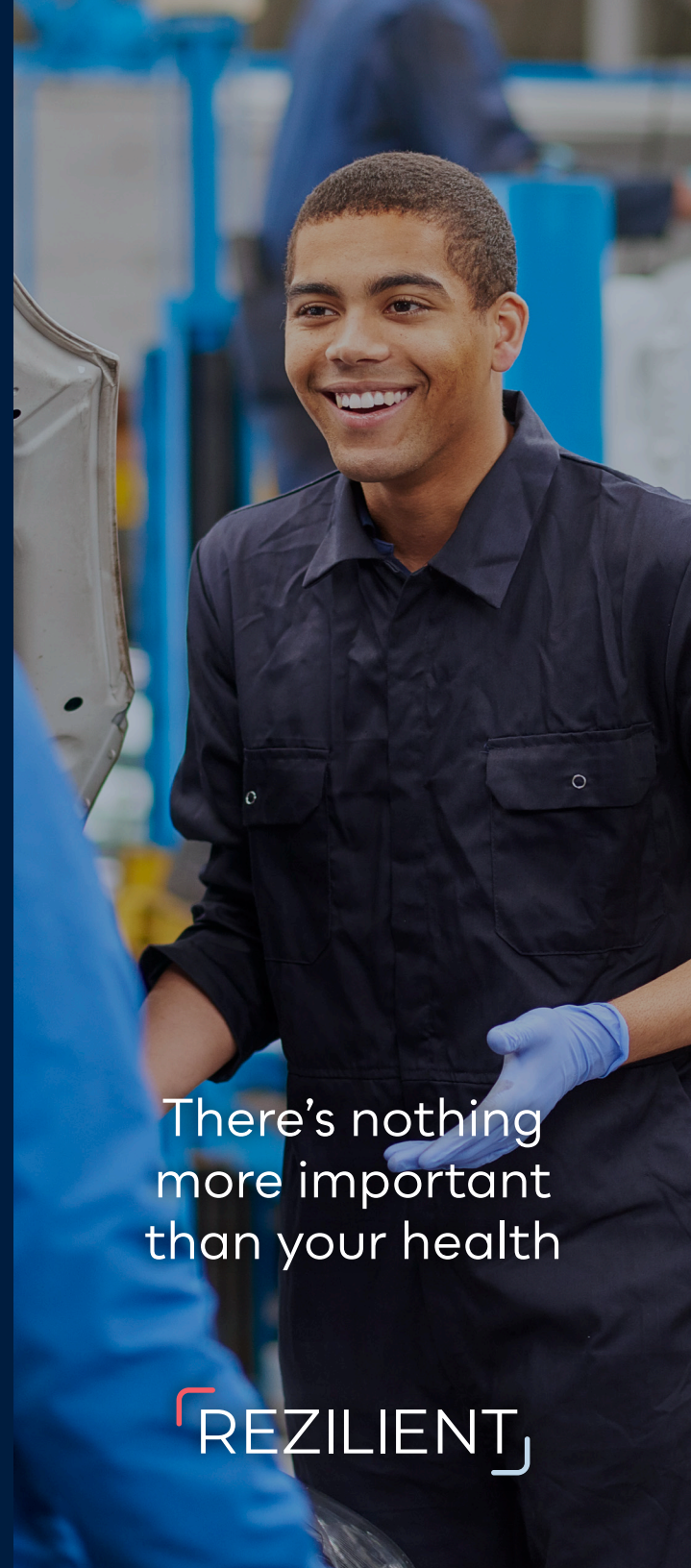


[rezilienthealth.com](https://rezilienthealth.com)

[members@rezilienthealth.com](mailto:members@rezilienthealth.com)

314-912-4234

**REZILIENT**



There's nothing  
more important  
than your health

**REZILIENT**

# Good health starts with great healthcare

Resilient Health is healthcare the way it should be: focused on improving your experience as a patient and helping you navigate your care to be your healthiest version of you.

With your Resilient Health benefit provided by your employer at no cost to you, you have access to affordable, exceptional primary and urgent care, plus specialist e-consults via at-home telehealth and 24/7 messaging.



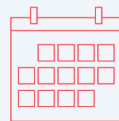
## YOUR REZILIENT BENEFIT INCLUDES:

- \$0 copay no matter your appointment need
- \$0 deductible, for primary, urgent and speciality care appointments
- \$0 out of pocket expense for any Resilient provided service
- Care for you and your covered dependents aged 7 and older



### MORE TIME WITH YOUR DOCTOR

Longer appointment times are our standard. Your doctor always has time to listen to you.



### SAME-DAY AND NEXT-DAY APPOINTMENTS

Easy to book appointments from the comfort of your couch, exactly when you need them.



### 24/7 ACCESS TO YOUR CARE TEAM

Get hands-on care coordination for scheduling referrals, refilling medications, and more.

SCAN TO ACTIVATE YOUR BENEFIT



Or visit:  
[resilienthealth.com/activate/qcg](https://resilienthealth.com/activate/qcg)

Contact us on:  
314-912-4234  
[members@resilienthealth.com](mailto:members@resilienthealth.com)

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